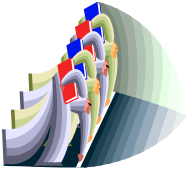


Person Centered Mapping Mapping your future

In this class we will look at you as an individual. What are your strengths, abilities and skills? What are your passions, talents and gifts? What do you want to offer in the world of work? How can you move forward towards your employment goal? We will be “mapping” out your path towards an employment goal. Your maps will be a positive process towards developing a resource coordination plan to help you achieve your employment goal. OK....let’s get started.

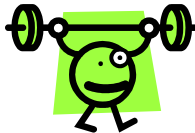


Maps:

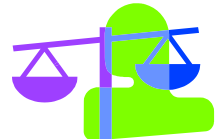
LIFE HISTORY: Tell a story of your positive influences/experiences from Birth until now. Who inspired you and what positive events shaped your life. No negative stuff here! You can draw, write or do both, however you want to express your positive life story. Write down birth anywhere on your paper and start. With the group we will extract themes/patterns.



STRENGTHS, ABILITIES AND TALENTS: You have them...lots of them. Please write down one skill per sticky note and put them on your paper. 25 skills total please. You will then organize your skills etc. into clusters. For example: people skills (customer service, outgoing, friendly) Technical skills: (welding, working with wood, typing, and computer.)



WHAT WORKS/WHAT DOESN'T: What type of environment works or does not work for you. In a job this is important! You want to work in an environment where you are valued as an individual. Make a T on your paper. On one side write “works”, on the other side write “what doesn’t work”.



POSSIBLE EMPLOYMENT IDEAS: From all of your organized skills etc, we will work together to brainstorm possible employment ideas for you!! You should think of “what is a good fit for me”



RESOURCE COORDINATION PLAN: This is the heart of this class. I will meet with each one of you individually with a team member to chart out resources/support systems to help you move towards your employment goal. We will gather information on your maps to determine what direction YOU want to go in. Remember: You have many abilities, skills and gifts to offer not only to the world but to employers as well!!!!

